

Stay in the Game!



- ✓ Wash your hands often
- ✓ Shower after practice and games
- ✓ Don't share bar soap, towels and razors
- ✓ Wash practice clothes/ uniforms after each use
- ✓ Don't place your hands and fingers near your nose and groin

**Don't let a skin infection
put you on the bench**

Report skin infections to your coach